

BREAKFAST & LUNCH

BREAKFAST

ADD TWO EGGS & BACON TO ANY PANCAKE OR FRENCH TOAST BREAKFAST **4**
MOST PANCAKES CAN BE MADE WITH GLUTEN FREE BATTER. ASK YOUR SERVER FOR DETAILS

Coconut french toast

French bread dipped and grilled with toasted coconut flakes & garnished with raspberry puree, caramel-rum sauce & powdered sugar

King cakes

Three pancakes with peanut butter, bananas, & chocolate chips garnished with raspberry puree & powdered sugar

Banana blackberry cakes

Three pancakes with bananas & blackberries, garnished with blackberry puree & powdered sugar

Blackberry pancakes

Three pancakes with blackberries, garnished with blackberry puree & powdered sugar

Original power breakfast

Scrambled egg whites, brown rice, steamed greens & salsa cruda

WITH TOFU OR MARINATED CHICKEN ADD 5

Omar special

Egg whites scrambled with cheese, green onions and tomatoes. Topped with grilled chicken & shiitake mushrooms and served with brown rice & a drizzle of cilantro lime & avocado sauces

Rosemary potato breakfast

Roasted rosemary potatoes, scrambled eggs, sautéed tomatoes, green onion & grilled rosemary bread

11 Hash & eggs

Seared Painted Hills steak with crispy rosemary potatoes, scrambled eggs & rosemary bread with a side of horseradish cream

12 Avocado scramble

Scrambled eggs with avocado & cheese, served with a flour tortilla, black beans & rosemary potatoes topped with tomatoes, jalapenos, green onion & a side of salsa cruda

9.5 Breakfast burritos

Eggs scrambled with cheese, scallions and tomatoes wrapped in flour tortillas and served with a side of black beans, sour cream, & salsa cruda

Breakfast quesadilla

Bacon, cheese, green onion, tomatoes & cilantro grilled between two flour tortillas. Served with sour cream & black beans topped with tomatoes, green onion & cheese

WITH SCRAMBLED EGGS ADD 2.5

14 Artichoke scramble

Eggs scrambled with artichoke, cheese, green onion & tomatoes served with crispy rosemary potatoes & a side of rosemary bread

12 Croissant breakfast

Freshly baked croissant with scrambled eggs, cheese, cream cheese, tomatoes & green onion served with rosemary potatoes

14 Power burritos

Egg whites scrambled with grilled chicken, cheese, green onion, & tomatoes wrapped in flour tortillas served with black beans & salsa cruda

11 Jalapeño scramble

Egg whites, jalapeños, scallions, & tomatoes, served with black beans, brown rice & salsa cruda

Zen breakfast

Marinated grilled tofu, egg whites, brown rice, tomatoes & seasonal veggies. Served with a side of salsa cruda

Oatmeal

Bowl of oatmeal served with brown sugar and raisins
WITH WALNUTS ADD 1.5; CUP OF FRESH FRUIT ADD 5



FARM FRESH INGREDIENTS

We grow as many ingredients as possible on our very own Stargazer Farm. These ingredients are grown following organic farming practices in Sandy, OR.

KIDS MENU

Fruit face pancake

6

Eggs & bacon

6

Cheese quesadilla

6

SIDES

Tortillas

1

Rosemary bread

3

Squaw bread

3

Rosemary potatoes

4

Chips & salsa cruda

4

Fresh Fruit

7/5

Scrambled eggs

2.5

Scrambled egg whites

3

Substitute egg whites

2

Breakfast sausage

5

Two pieces of bacon

3

Four pieces of bacon

4

Tofu

5

Raspberry puree

1.5

Salsa cruda

.75

Sour cream

1

Add cheese

1.5

Avocado

1.5

Tomatoes

1

Substitutions

1.5

Split charge

1.5

TEMPTATIONS

Flourless chocolate cake

8

Coconut flan

8

SOUP, SALADS & SANDWICHES

TO ANY SALAD ADD CHICKEN, TOFU OR CARNITAS FOR 5; PAINTED HILLS STEAK ADD 7
SANDWICHES COME WITH CHIPS & SALSA
CHOOSE WHEAT BREAD, ROSEMARY BREAD OR A WHEAT TORTILLA. CROISSANT ADD 1
SWAP YOUR CHIPS & SALSA: MIXED GREEN SALAD ADD 2; CUP OF SOUP ADD 3.5

Grilled chicken sandwich

Grilled chicken, lettuce, tomato & mayo
SUB STEAK FOR CHICKEN ADD 2

Veggie sandwich

Avocado, lettuce, cucumber, tomato & mayo

Chicken asada sandwich

Grilled chicken breast with grilled cheese, salsa cruda, lettuce, tomato, avocado & mayo
SUB STEAK FOR CHICKEN ADD 2

BLT

Bacon, lettuce, tomato & mayo
WITH AVOCADO ADD 1.5

Soup of the day

Served with grilled rosemary bread
BOWL 7; CUP 5

Blue cheese walnut salad

Mixed greens, balsamic vinaigrette, blue cheese crumbles, walnuts & grilled bread

10 Chicken quesadilla

With marinated chicken, cheese, green onions, tomatoes, cilantro & salsa cruda. Served with black beans or mixed salad

10 Double happiness

Crisp brown rice & vegetables accompanied by beef and chicken with a side of peanut sauce

11 Single happiness

Crisp brown rice & vegetables served with your choice of tofu or chicken and a side of peanut sauce

9 Crispy dragon potatoes

Crispy rosemary potatoes grilled with jalapenos, onions, tomatoes, black beans, avocado, cheese, sour cream, salsa cruda & a flour tortilla
MARINATED TOFU, CHICKEN, OR CARNITAS ADD 5;
PAINTED HILLS STEAK ADD 7

LUNCH

Buddha bowl

Big bowl of steamy lemongrass, miso & coconut milk broth with shiitake mushrooms, wheat noodles, veggies, chili flakes, cilantro & green onions
MARINATED TOFU, CHICKEN, OR CARNITAS ADD 5;
PAINTED HILLS STEAK ADD 7

Crispy crunchy

Pan fried noodles with fresh bean sprouts, julienne carrots, shiitake mushrooms, celery, cilantro & green onion
MARINATED TOFU, CHICKEN, OR CARNITAS ADD 5;
PAINTED HILLS STEAK ADD 7

Lettuce wraps

Marinated chicken, crisp lettuce leaves, cucumbers, lime, peanut sauce & peanuts served with brown rice
SUB TOFU FOR A VEGGIE OPTION;
GRILLED PAINTED HILLS STEAK ADD 2

Chicken burrito

Marinated chicken, lettuce, tomatoes, green onion, cilantro & sour cream in a wheat tortilla, served with chips & salsa cruda
SUB TOFU FOR VEGGIE OPTION; WITH AVOCADO ADD 1.5



This menu is served
Mon - Sun 8am to 3pm



Check in on
Facebook and Yelp!

18% gratuity on parties of 6 or more.

Chef Isabel Cruz and Chef de Cuisine Luis Ochoa

www.isabelscantina.com

We prepare our food from scratch with love and care. If you are in a hurry, please inform your server and we will do our very best to accommodate you.

isabel